

Starts  
Monday,  
June 1

# EATING DISORDERS BOOK STUDY AND SUPPORT GROUP

Meets each Monday from 6:30-7:30pm at the Freed-Montrose Library.

**FREE and OPEN to the community.**

- Study will be based on the book Beating Ana.
- Book purchase is recommended but not required.
- All other group materials will be provided.
- This is a 27-week facilitated study group.

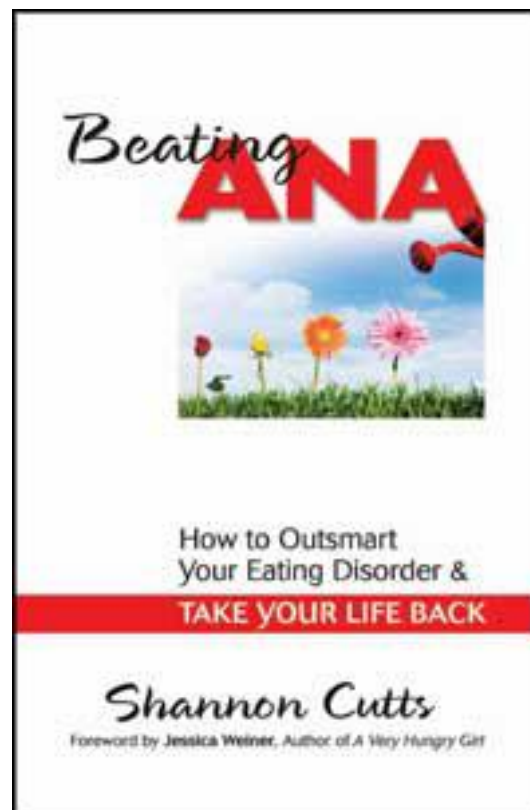
Freed-Montrose Library:

4100 Montrose

Houston, TX 77006

832-393-1800

Covered parking available (entrance on Colquitt), free to exit after 7pm.



Visit [www.key-to-life.com](http://www.key-to-life.com) for more information.